

## **CVHL Playing Rules**

All league participants shall abide by the CVHL Playing Rules as set forth below.

The following protocol will be used when deciding which rules are applicable.

1. **CVHL Rules** – will apply 1<sup>st</sup> in making decisions
2. **CARHA Rules** – will apply when no CVHL rules come into effect
3. **Hockey Canada** – will apply if there are no CVHL and CARHA rules that come into effect

Comox Valley Hockey League rules, suspension guidelines and the referees used for CVHL games will help to ensure safe play. The referees will be using all of these rules to regulate play of the games.

**All Penalties and Suspensions are subject to review by a Discipline Committee or CVHL Executive for further disciplinary action.**

### **CVHL Penalties**

**Penalties** – CARHA Rule 27

Minor	2 stop time minutes
Bench Minor	2 stop time minutes
Major	5 stop time minutes
Match	5 stop time minutes
Misconduct	10 stop time minutes

### **RED Penalties System**

Boarding  
Body Checking  
Butt Ending  
Charging  
Cross Checking  
Elbowing  
Goaltender Interference  
Head Contact  
High Sticking (Major)  
Kneeing  
Roughing  
Slashing  
Spearing  
Unsportsmanlike  
Misconduct

**RED penalty Major (excludes accidental High Stick) + Double Minors = 2 RED penalties**

7 Cumulative on the Season – Automatic 1 Game Suspension

10 Cumulative on the Season – Automatic 3 Game Suspension

12 Cumulative on the Season – Automatic 5 Game Suspension, plus Discipline Committee meeting to discuss additional measures and/or removal from league.

ALL RED penalty suspensions carry over to the next season but RED penalties will start at zero

### **Local Adult Hockey Rules Adopted By CVHL:**

**Slapshots:** No slapshots, or fake slap shots are allowed. The designation of a slap shot is an 18-inch takeaway from the puck and can also refer to clearing attempts and not just a shot on net. The result is a minor penalty.

**High Sticking the Puck:** When a player contacts the puck with their stick above their shoulder height, the result is a minor penalty.

**Puck off Goalie Mask:** When a shot hits a goalie's mask and goes directly in the net, the goal shall count. If the puck stays in play after hitting the goalie's mask, play is considered dead and the whistle will go to stop play and ensure the goalie is ok.

### **Major Penalty** – CARHA Rule 30

A player, including a goalkeeper, assessed a Major penalty shall be ruled off the ice for the remainder of the game (Major penalty plus Game Misconduct). The penalized team shall place a substitute player on the penalty bench to serve 5 stop time minutes, during which no on ice substitutions shall be permitted.

The exception to this rule is when a Major Penalty has been assessed for an ACCIDENTAL high stick, in which case the Game Misconduct shall not apply. (CARHA Rule 61b)

A player shall receive an automatic one game suspension as a result of receiving a Major and Game Misconduct penalty. (CARHA Rule 32d)

### **Match Penalty** – CARHA Rule 34

Any player or team official incurring a Match penalty shall be ordered to the dressing room immediately for the balance of the game and shall be suspended until his case has been dealt with by the Discipline Committee. A player from the penalized team shall serve the 5 stop time minutes penalty.

### **Fighting** – CARHA Rule 59

A Match penalty shall be assessed to any player who is identified by the referee as the instigator or aggressor in a fight. The opposing player may then be assessed a Match penalty if he fights back or continues the altercation in any way other than self defence, a Minor penalty for roughing or no penalty at all, depending on the circumstances.

The CVHL suspension for Fighting is 5 games (in line with a match penalty), with a discipline committee hearing to discuss from there. If a second offence occurs, the player is suspended for a minimum of one year with no appeal.

### **Misconduct Penalties** – CARHA Rule 31

A player, except a goalkeeper, incurring a Misconduct penalty shall be ruled off the ice for a period of 10 stop time minutes. A player receiving a second Misconduct penalty in the same game shall automatically be assessed a Game Misconduct penalty.

### **Gross Misconduct Penalties** – CARHA Rule 33

Any player or team official incurring a Gross Misconduct penalty shall be ordered to the dressing room immediately for the balance of the game and the incident shall be reported to

the Discipline Committee.

**Game Misconduct Penalties** – CARHA Rule 32

A player assessed a Game Misconduct penalty shall receive an automatic 1 game suspension.

**Game Ejection** – CARHA Rule 32

Any player that is assessed 3 minor penalties in one game shall be ruled off the ice for the remainder of the game (Game Ejection). That player's team must place a substitute in the penalty box to serve the 3<sup>rd</sup> penalty.

Any player receiving 2 Game Ejection (3 minor penalties in a single game) penalties in a single season shall receive an automatic 3 game suspension. A 3<sup>rd</sup> offence within a season will result in an indefinite suspension and hearing with the Discipline Committee to determine if/when they may return to the CVHL.

**Physical Abuse of Official(s)**

Physical abuse of officials will result in minimum of ONE year suspension and will come under review by the Discipline Committee or CVHL Executive for possible further disciplinary action.

**Goaltender Interference:**

The CVHL will strive for **minimal contact** with goaltenders with enhanced enforcement.

**\*Contact with Goaltender: Minor penalty**

Most incidental contact with the goaltender in his crease, whether accidental or not, shall be assessed a minor penalty.

Players are permitted to play a loose puck once it has entered the crease area. If the player makes contact with the goalie's glove while both are making a play on a loose puck simultaneously, the referee can use their discretion to call no penalty.

Players may not spear the goalie's glove while they are attempting to cover the puck.

Any attempt to physically dislodge a covered puck from the goalie will result in a minor penalty.

If a defensive player directs an attacking player into the goaltender, the defensive player will be assessed a minor penalty.

**\*Contact with Goaltender: Major Penalty**

**Offence:** If an offensive player makes aggressive contact with the goalie in their crease while driving the net, it is an automatic major penalty plus a game misconduct.

**Defence:** If a defending player physically directs an opponent into the goalie (body contact or stick), causing contact within the crease, a major penalty shall be called against the defensive player. Coincidental majors may be called if both players involved were equally responsible for the contact.

**An appeal of a Suspension:**

A player may appeal a red penalty suspension (only most recent red penalties that triggered the suspension) and certain suspensions of 7 or more games (exceptions below), such as disciplinary committee decisions – particularly if new info has come to light. An appeal will be reviewed by the league organizer. A \$50 fee will be attached to this, with the money refunded if suspension altered and donated to charity if it's upheld:

### **Match Penalty**

1. Any player or team official incurring a match penalty shall be ordered to the dressing room immediately for the balance of the game. Below is the baseline for suspension to be considered by the Discipline Committee:
  - a) First offence (no injury)                      5 game suspension (no appeal)
  - b) Second offence                                      1 year suspension (no appeal)
  - c) First offence (with injury)                      10 game suspension (more than 10 – can appeal)
  - d) Second offence                                      1 year suspension (no appeal)

### **Gross Misconduct Penalty**

1. Any player or team official incurring a Gross Misconduct penalty shall be ordered to the dressing room for the balance of the game. A Gross Misconduct penalty shall be assessed where a person conducts himself in such a manner as to make a travesty of the game.
  - a) 1st offence    5 game suspension (no appeal)
  - b) 2nd offence (same year)                              10 game suspension (no appeal)
  - c) Two Gross Misc. (same stoppage)                      10 game suspension (no appeal)
  - d) 3rd offence (same year)                              1 year suspension (no appeal)